

# Veterans' virtual cafes



**Mondays Wednesdays Fridays**  
**6pm –7pm**

Informal sessions run by and for ex-service personnel and supported by the NHS

Meetings are via the *MS Teams* online platform – to request a link or more information please Ring Brendan on 07920 708 979.

**Coffee \* Chat \* Cameraderie**

Find **Buddy2Buddy** on the AFCF app under our Trust charity **Raising Health**