

Are you passionate about mental health?

Do you want to support positive mental health in your community?

Join the Start a Conversation campaign!

Start a Conversation is the mental health and suicide prevention campaign for Leicester, Leicestershire, and Rutland.

You can join the campaign by making a pledge or becoming a Start a Conversation Champion!

Together we can challenge stigma, share helpful information across our communities and encourage others to start a conversation about mental health and suicide.

START A CONVERSATION



For more information on how you can make a difference, visit:

startaconversation.co.uk/join